

Lunch Menu (Vegetarian)

February 2008

Monday	Tuesday	Wednesday	Thursday	Friday
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				Spinach Lasagna
				Garlic Bread
				Carrots
				Fresh Fruit
4	5	6	7	8
Macaroni & Cheese	Pasta Salad W/	Spanish Rice W/	Meatless Meatballs	Tomato Soup
Carrots	Mixed Vegetables	Vegetable	W/ Vegetables & Potatoes	Grilled Cheese Sandwiches
Black Beans	Garlic Bread	Tossed Salad	Corn	Green Beans
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
11	12	13	14	15
Mastocholi W/ Soy Sauce	Veggie Burritos W/	Soy in Tomato	Veggie Burger	Pizza
Buttered Bread	Tomatoes, Lettuce, Cheese	Sauce W/ Green Beans	Green Beans	Bean Salad
Salad	Sour Cream	Rice , Tossed Salad	Fresh Fruit	Coleslaw
Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit
18	19	20	21	22
Spaghetti W/ Soy Sauce	Lentil Soup	Soy W/ Split Peas	Vegetarian Quiche	Bean Soup
Garlic Bread	Meatless Meatballs / Bread	In Tomato Sauce over Rice	Potatoes	Cheese Sandwiches
Broccoli	Salad	Corn	Corn	Carrots
Fresh Fruit	Fresh fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
25	26	27	28	29
Rotini W/ Soy Sauce	Vegetable Soup	Spanish Rice W/	Spinach Lasagna	Meatless Meatballs
Buttered Bread	Bread	Soy & Vegetables	Garlic Bread	W/ Vegetables & Noodles
Salad	Broccoli	Green Beans	Carrots	Tossed Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit