

# Lunch Menu (Vegetarian)

## July 2010

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Pizza Muffins	(4 <sup>th</sup> of July Parade)
			Tossed Salad	Veggie Dogs
			Fresh Fruit	Potatoes & Corn
				Fresh Fruit
5	6	7	8	9
	Spanish Lasagna	Tofu Tandoori	Rotini Pasta Salad	Cheese Sandwiches
<b>School Closed</b>	Garlic Bread	Rice	Garbanzo Beans	With Wheat Bread
	Tossed Salad	Cucumber Salad	Peas	Coleslaw
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
12	13	14	15	16
Macaroni & Cheese	Mastacholi w/ Soy Sauce	Veggie Burger in Tomato	Green Bean Casserole	Grilled Cheese Sandwiches
Bean Salad	Tossed Salad	Sauce & Split Peas Over	Fresh Cooked Beets	Garbanzo Bean Salad
Tossed Salad	Fresh Fruit	Rice, Spinach Salad	Fresh Fruit	Peas
Fresh Fruit		Fresh Fruit		Fresh Fruit
19	20	21	22	23
Sloppy Joes (Soy)	Vegetarian Chili	Tofu & Rice with	Meatless Meat Balls &	Potato Salad Sandwiches
Salad	Bread	Mixed Vegetables	Spaghetti, Broccoli	Carrots
Fresh Fruit	Corn	Carrots	Wheat Bread	Fresh Fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	
26	27	28	29	30
<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b>

**\* Side dishes may vary according to seasonal specials**