

# Lunch Menu (Vegetarian)

## March 2010

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Lentil Soup	Mastacholi w/ Soy Sauce	Soy & Brown Rice W/	Vegetarian Burritos	Macaroni W/ Fresh Cheddar
Buttered Bread	Tossed Salad	Mixed Vegetables	Tomatoes, Lettuce, Cheese	Cheese, Steamed Broccoli
Squash	Fresh Fruit	Carrots	Sour Cream	Bean Salad
Fresh Fruit		Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Tomato Soup	Green Bean Casserole	Veggie Burger & Split Peas	Meatless Meat Loaf	Vegetarian Chili
Grilled Cheese Sandwiches	Fresh Cooked Beets	In Tomato Sauce & Potatoes	Potatoes	Bread
Green Beans	Fresh Fruit	Over Rice, Spinach Salad	Corn	Corn
Fresh Fruit		Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Barley Soup	Vegetarian Quiche	Brown Rice w/Soy	Spinach Lasagna	Grilled Cheese Sandwiches
Bread or Crackers	Potatoes	& Cilantro	Garlic Bread	Garbanzo Bean Salad
Hummus	Cucumber Salad	Tossed Salad	Tossed Salad	Peas
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Vegetable Soup	Meatless Meat Balls &	Veggie Burger, Rice	Soy Sloppy Joes	Macaroni W/ Fresh Cheddar
Bread	Spaghetti, Broccoli	Tomatoes & Salad	Garbanzo Bean Salad	Cheese, Steamed Broccoli
Carrots	Wheat Bread	Fresh Fruit	Fresh Fruit	Bean Salad
Fresh Fruit	Fresh Fruit			Fresh Fruit
<b>29</b>	<b>30</b>	<b>31</b>		
Lentil Soup	Mastacholi w/ Soy Sauce	Spanish Rice w/ Soy		
Buttered Bread	Tossed Salad	Mixed Vegetables		
Squash	Fresh Fruit	Carrots		
		Fresh Fruit		

**\* Side dishes may vary according to seasonal specials**